



## **Polaris North America region**

Season's Greetings from the Polaris Team!

The fall was such a busy time for us- the highlight being WONCA Seoul!

At WONCA Seoul we worked on developing a strategic plan for the next year, watch out for the following;

- A fully functional Polaris Website
- A video series of Docs in Practice from across the region
- More opportunities for FM360 exchanges in the North American regions

### **WONCA World 2018, Seoul, South Korea:**

The conference began with the Young Doctors Movement (YDM) Pre-Conference, which provided an opportunity to meet other young doctors from around the world and learn about the activities of other YDMs. After the sessions, many of the YDM group members ventured to the Gyeongbokgung Palace for beautiful views of the mountains around Seoul and a wonderful introduction to Joseon architecture. The night continued with Korean barbeque, drinks, and conversation to top off an excellent prequel to the conference and build friendships that lasted through the next few nights of dinners and karaoke with an appropriately timed rendition of Gangnam Style (the conference was in the Gangnam district of Seoul). Thursday morning, the conference proper began with a drum performance and the reading of the Seoul Declaration.



The conference continued with a Polaris board meeting to set goals and objectives for the next year, followed by many wonderful conference sessions on Health Equity, primary care evaluation, aging, emergency medicine, and women's health. There were several excellent poster sessions, one of which featured an FM360 evaluation presentation which will be traveling to several other conferences this year. The conference was an amazing opportunity to network with other family docs and trainees from around the world and learn about the diversity of health systems in which our colleagues practice. We hope to see you there next time!

We are grateful to have ongoing excellent support from the Canadian College of Family Physicians, the American Academy of Family Physicians, and the Caribbean College.

We are actively looking for hosts for FM360 in the North American Region, if you are interested, please contact us at [woncapolaris@gmail.com](mailto:woncapolaris@gmail.com)

Have a safe and happy holiday!